

# Premalignant Vulvar Lesions Classification and Clinical Implications

Reem Abdallah, MD

Division of Gynecologic Oncology

American University of Beirut Medical Center

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➤ **Vulvar intraepithelial neoplasia (VIN)**

➤ Lichen sclerosus

➤ Paget disease

➤ Melanoma in-situ

# Vulvar Intraepithelial Neoplasia

## VIN

## ➤ Dysplastic changes of squamous epithelium

Hudelo (1922)	Kaufmann (1965)	ISSVD			
		Friedrich (1976)	Wilkinson (1986)	Sideri (2005)	Bornstein (2016)
Dyskératose érythroplasiforme de la musquée vulvaire	Queyrat's erythroplasia	Vulvar atypia without or with dystrophy	VIN1	Flat condyloma or HPV effect	LSIL
	Bowenoid carcinoma in situ		VIN2	VIN usual type	HSIL
	Carcinoma simplex		VIN3	VIN usual type	HSIL
		Squamous carcinoma in situ	Differentiated VIN	VIN differentiated type	dVIN, differentiated-type VIN

Hudelo ML, Oury C. Dyskeratose érythroplasiforme de la musquée vulvaire. *Bull Soc Franc Dermatol Et Syph* 1922; 29: 139–142.

Friedrich EG. Report of the committee on terminology. *New nomenclature for vulvar disease. Obstet Gynecol* 1976; 49: 122–124.

Wilkinson EJ, et al. Report of the ISSVD terminology committee. *Reprod Med* 1986; 31: 973–974.

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Bornstein J, et al. The 2015 International Society for the Study of Vulvovaginal Disease (ISSVD) Terminology of vulvar Squamous Intraepithelial Lesions. *J Lower Gen Tract Dis* 2016; 20:11–14.

Pathways	ISSVD		
	Wilkinson (1986)	Sideri (2005)	Bornstein (2016)
HPV-associated	VIN1	Flat condyloma or HPV effect	LSIL
	VIN2	VIN usual type Basaloid and/or Warty	HSIL
	VIN3	VIN usual type Basaloid and/or Warty	HSIL
HPV-independent	Differentiated VIN	VIN differentiated type	dVIN, differentiated-type VIN

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van de Nieuwenhof HP, et al: Review of squamous premalignant vulvar lesions H.P. *Critical Reviews in Oncology/Hematology* 68 (2008) 131–156.

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Crum CP, et al. ed. *WHO Classification of Tumours of Female Reproductive Organs*. 4th Edition. IARC Press, Lyon 2014.

Pathways	ISSVD			
	Wilkinson (1986)	Sideri (2005)	Bornstein (2016)	
HPV-associated	VIN1	Flat condyloma or HPV effect	LSIL	<b>NOT precancerous</b>
	VIN2	VIN usual type	HSIL	<b>PRECANCEROUS</b>
	VIN3	VIN usual type	HSIL	
HPV-independent	Differentiated VIN	VIN differentiated type	dVIN, differentiated-type VIN	

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Srodon M, et al. The distribution of low risk and high risk types in vulvar and vaginal intraepithelial neoplasia (VIN and VAIN). *Am J Surg Pathol* 2006;30:1513-1518.

Crum CP, et al. ed. *WHO Classification of Tumours of Female Reproductive Organs. 4th Edition. IARC Press, Lyon 2014.*

Pathways	ISSVD			
	Wilkinson (1986)	Sideri (2005)	Bornstein (2016)	
	VIN1	Flat condyloma or HPV effect	LSIL	NOT precancerous
HPV-associated <b>90-95% of VIN</b>	VIN2	VIN usual type	HSIL	<b>PRECANCEROUS</b>
	VIN3	VIN usual type	HSIL	
<b>&lt;5-10% of VIN</b> independent	Differentiated VIN	VIN differentiated type	dVIN, differentiated-type VIN	

Del Pino M, et al. Pathways of vulvar intraepithelial neoplasia and squamous cell carcinoma. *Histopathology*. 2013;62:161-75.

Eva LJ, et al. Differentiated type vulval intraepithelial neoplasia has a high risk association with vulval squamous cell carcinoma. *Int J Gynecol Cancer*. 2009;19(4):7414.

Pathways	ISSVD			
	Wilkinson (1986)	Sideri (2005)	Bornstein (2016)	
	VIN1	Flat condyloma or HPV effect	LSIL	NOT precancerous
<b>HPV-associated</b> <b>20-40%</b> of burden of invasive cancer	VIN2	VIN usual type	HSIL	<b>PRECANCEROUS</b>
	VIN3	VIN usual type	HSIL	
<b>60-80%</b> independent of burden of invasive cancer	Differentiated VIN	VIN differentiated type	dVIN, differentiated-type VIN	

Del Pino M, et al. Pathways of vulvar intraepithelial neoplasia and squamous cell carcinoma. *Histopathology*. 2013;62:161-75.

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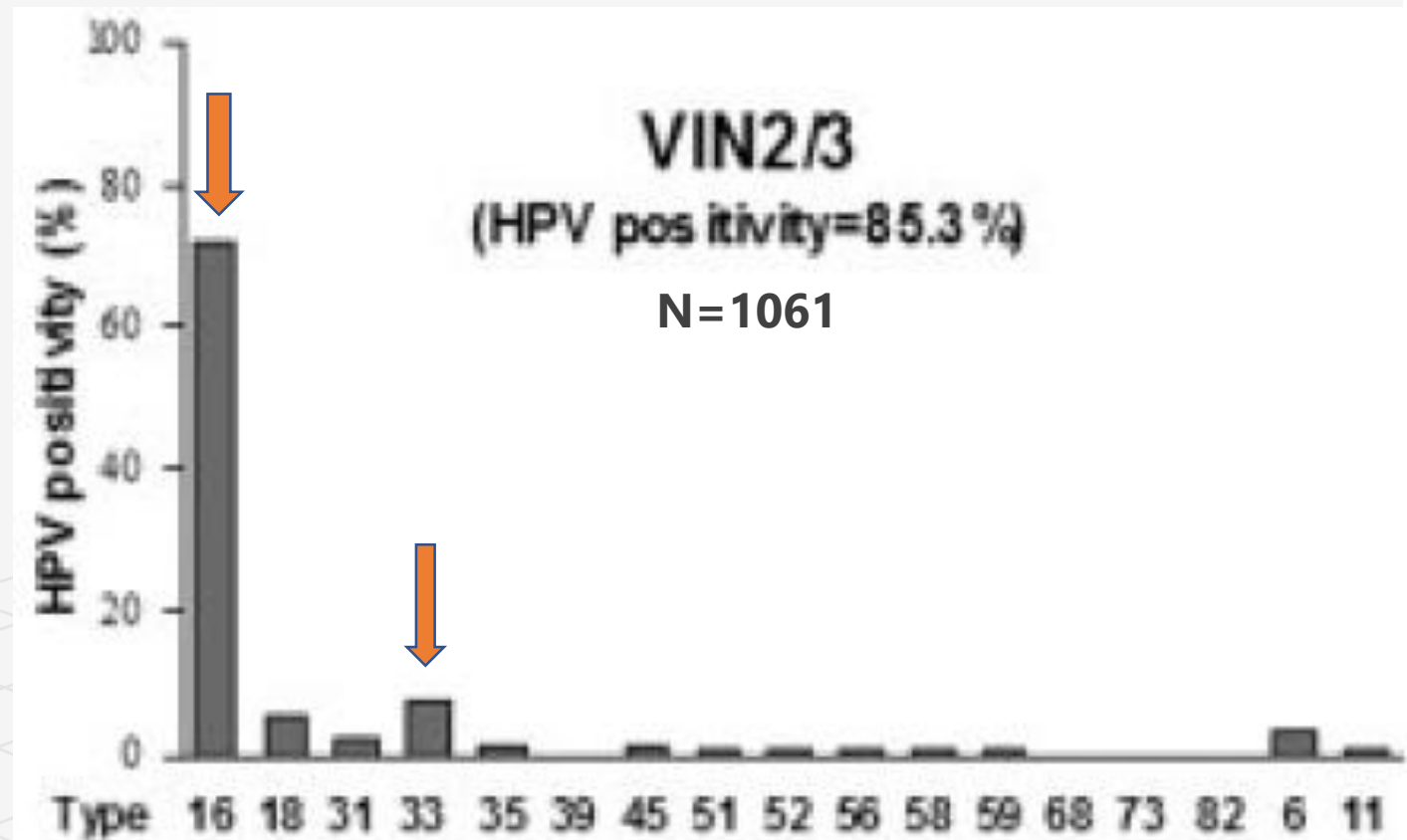


HSIL/uVIN

# Epidemiology- HSIL uVIN

- 90-95% of VIN
- **HPV-related**
  - 85-100% (type of VIN studied, DNA detection method, HPV types determined)
  - Single infection 92%

<b>HPV 16</b>	70-77%
<b>HPV 33</b>	7-10%
<b>HPV 18</b>	2.5-5%
<b>HPV 31</b>	1.2-2.5%

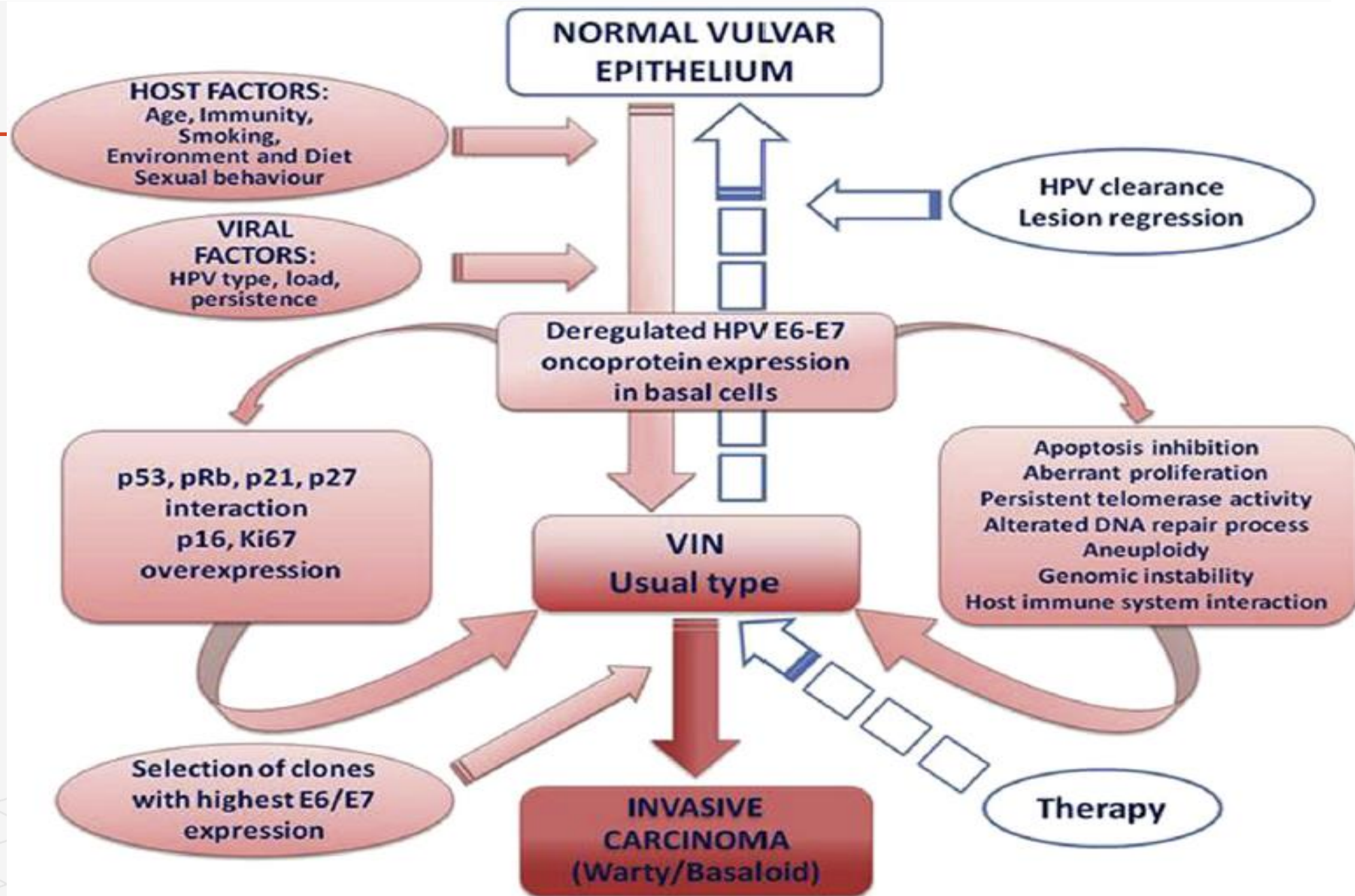


de Sanjose S, et al. Worldwide human papillomavirus genotype attribution in over 2000 cases of intraepithelial and invasive lesions of the vulva. *European Journal of Cancer* (2013) 49, 3450–3461.

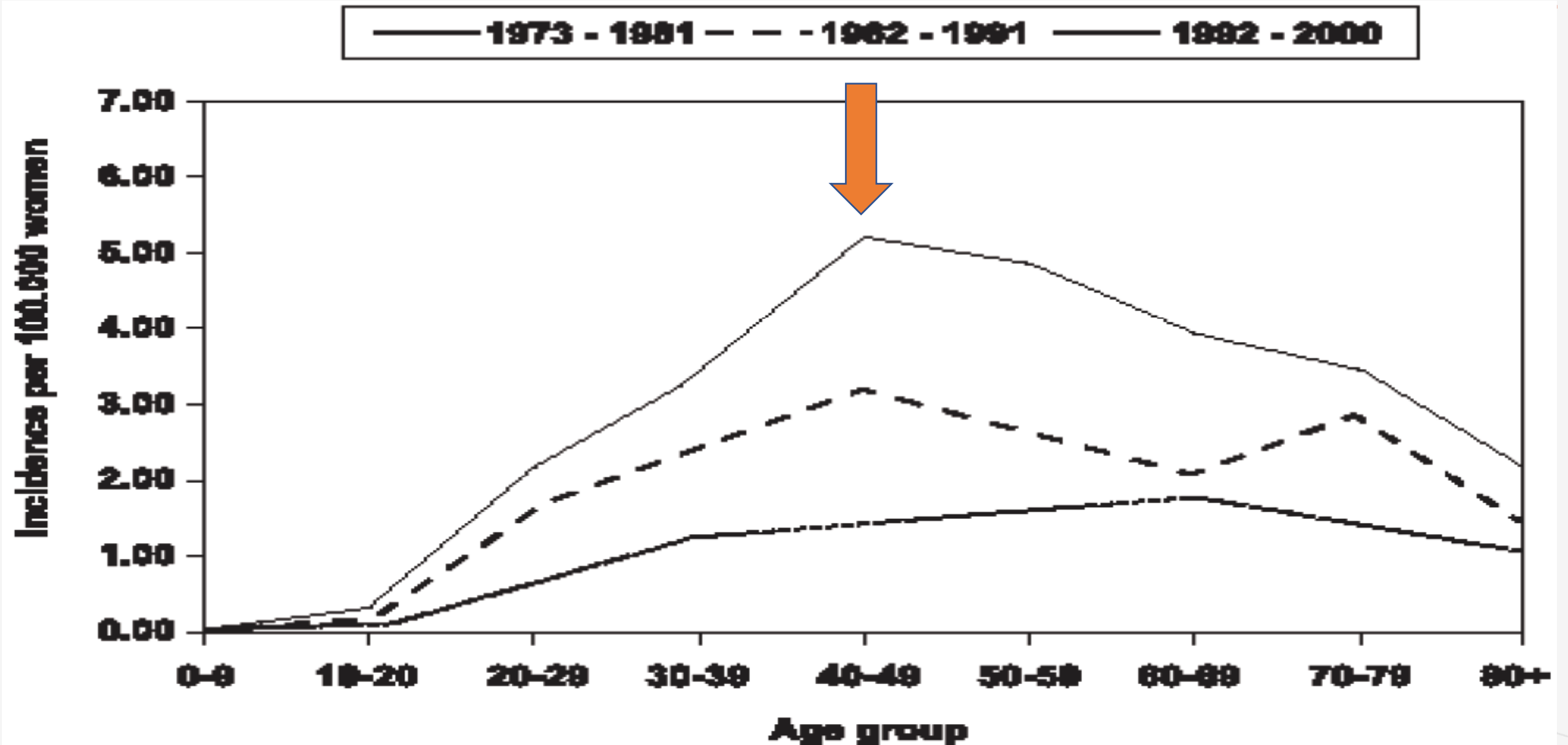
De Vuyst H, et al. Prevalence and type distribution of human papillomavirus in carcinoma and intraepithelial neoplasia of the vulva, vagina and anus: A meta-analysis. *Int. J. Cancer*: 124, 1626–1636 (2009).

Van de Nieuwenhof HP, et al. Review of squamous premalignant vulvar lesions. *Crit Rev Oncol Hematol* 2008; 68:131–156.

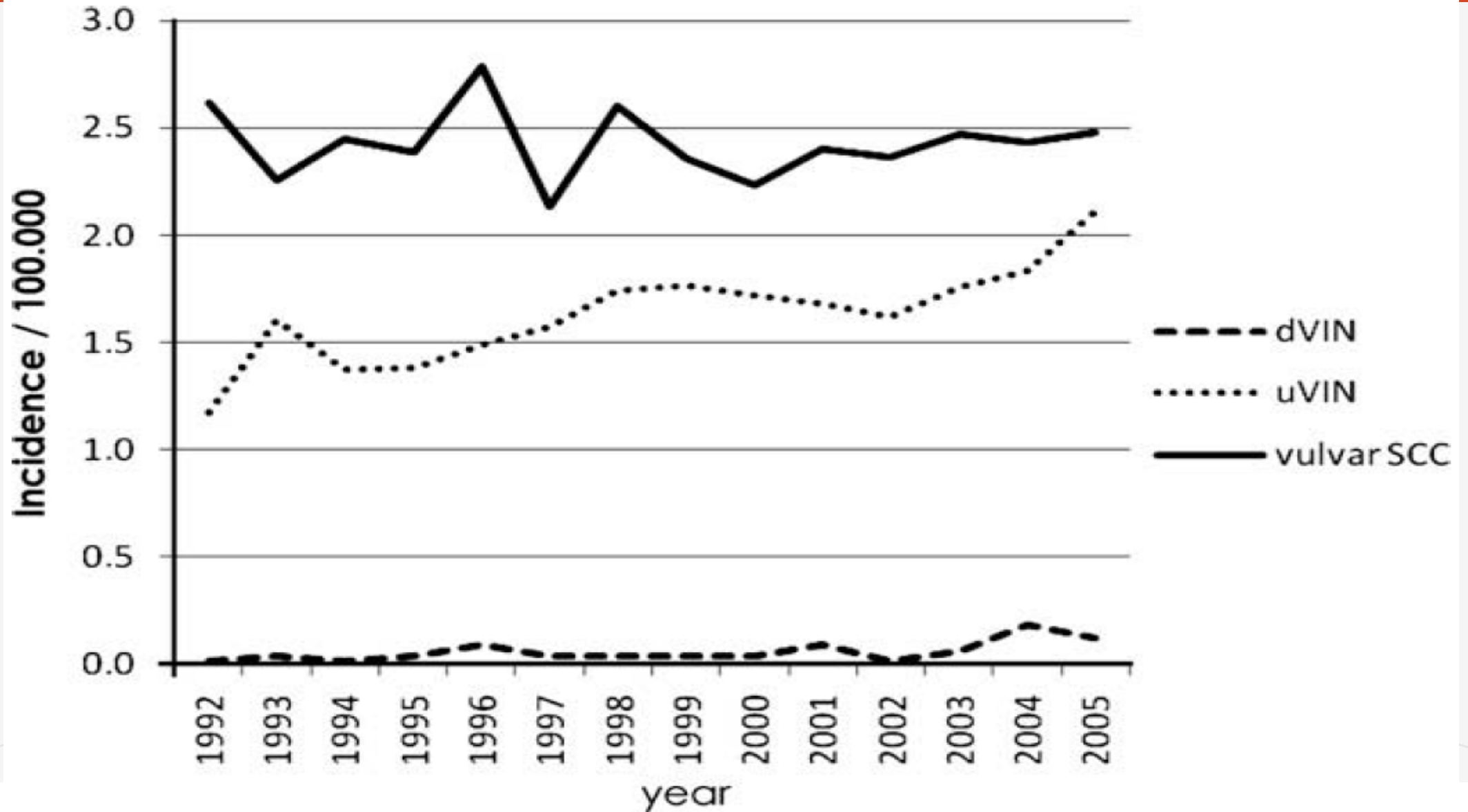
Vulvar  
oncogenesis:  
HPV-related  
pathway



# Epidemiology- HSIL uVIN



# Epidemiology- HSIL uVIN



# Epidemiology- HSIL uVIN

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➤ **Young**, 30-50

➤ Risk factors:

➤ Smoking (60-80%)

➤ Immunosuppression

➤ Sexual behavior

➤ History of STI

# Epidemiology- HSIL uVIN

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## **Multifocal**

> 50%

## **Multicentric** HPV infection affecting cervix, vagina, anus

22% concurrent CIN

up to 71% had a previous, concomitant or subsequent history of VAIN, CIN or cervical carcinoma

Young+++ (59% in women aged 20-34 and 10% in patients >50 years of age)

Older patients: uncommon sites (vaginal, anal, periurethral)

## **Immune system role in clearance and persistence**

HIV infection

- 4X more likely to have HPV infection
- Prevalence of uVIN 0.5-37%

Immunosuppressants

- 10-30X risk of vulvar ca, mainly HPV 16 and 18

# Epidemiology- HSIL uVIN


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- Subtypes:
  - Warty (previously Bowen's disease)
  - Basaloid
    - older age
    - More likely to become invasive
    - Less likely to regress
  - Mixed, common

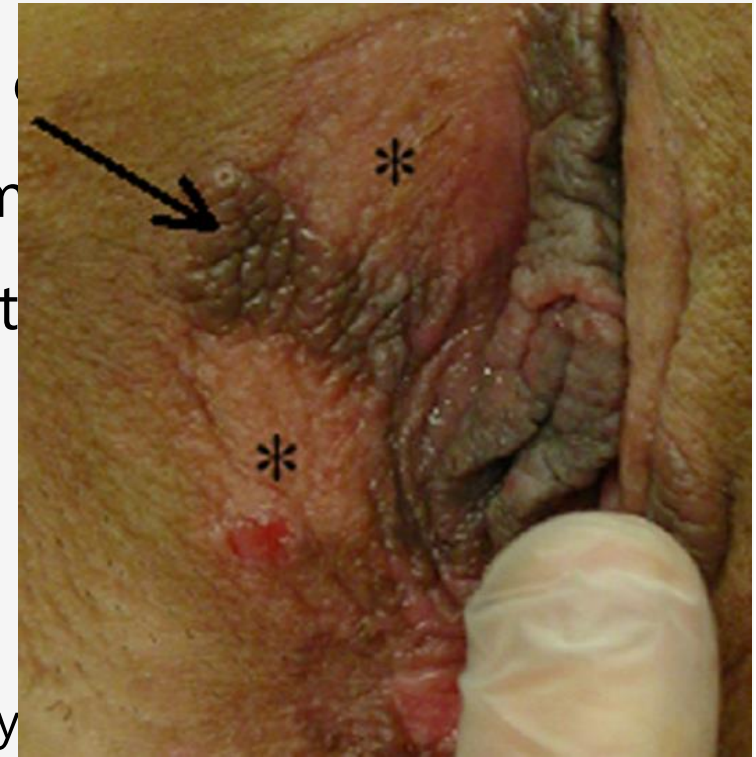
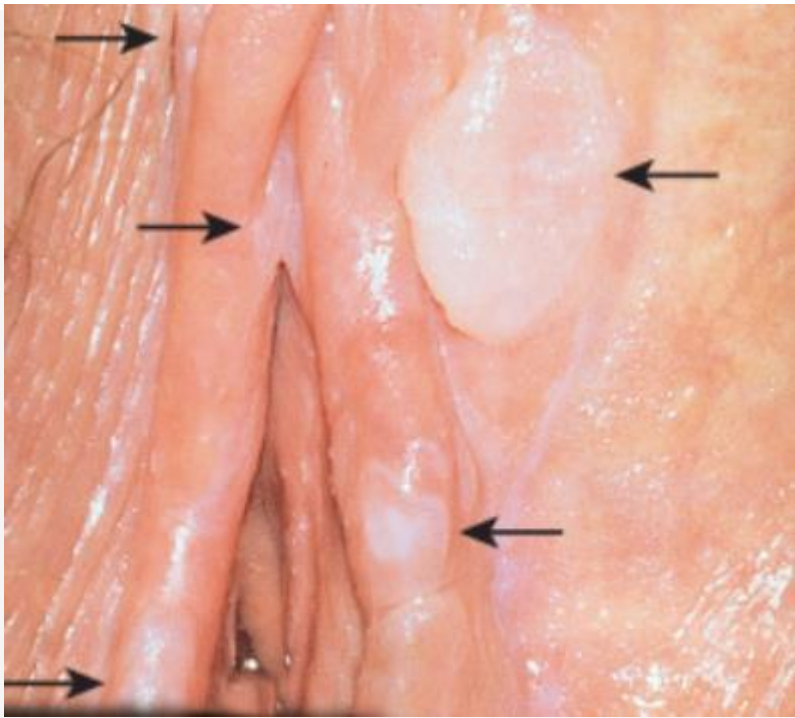


# Symptoms- HSIL uVIN

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- Itching 60%,
  - burning, pain, psychosexual sx
  - Asymptomatic 20%
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# e- HSIL uVIN



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on sites (vaginal, anal, periurethral)

HPV positive than unicentric



# Natural history- HSIL uVIN

## Malignant progression relatively low,

- **After primary treatment:** 1.4-20%
  - Metaanalysis: **3.3%** (108/3322) (van Seters 2005)
  - Jones 2005: **4.9%** (17/342)
- **Untreated patients:**
  - First study: 7/8 (Jones 1994)
  - Metaanalysis: **9%** (8/88) (van Seters 2005), **mean 4 years (1-8 years)**
  - Jones 2005: **15.8%** (10/63), mean 3.9 years (1.1-7.3 years)
- **71% superficial**
- **Non-keratinizing SCC**
- **Mean time to progression 55 months (4-216)** → long follow up

## Occult carcinoma

- **3.2-18.8%**

# Natural history- HSIL uVIN- Risk Factors for progression

## Advanced age, >45

- **Increases risk of progression:** 2.7% <29 years vs 8.5% >75 years
- **Shortens time to progression:** 50 months for <29 vs 25 months for >75

Raised lesions

Radiation therapy

Immunosuppression

Basaloid type

Focality? controversial

## No difference by type of surgery

- except cryosurgery (van Seters 2005)

## Free margins do not prevent progression

- 50% of SCC after trt had free margins

# Natural history- HSIL uVIN

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## ➤ Two patterns of invasive vulvar ca in treated patients

**Early occurring within 7 years of trt**  
(median 2.4 years) (50%) = inadequate trt

- At site of previous trt
- Previous positive margins

**Late occurring many years after trt**  
(median 13.8 years) (50%)

- At some distance from previous lesions = **de novo tumors**
- HPV-induced field of risk

# Natural history- HSIL uVIN

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## Spontaneous regression

- 47-75% (metaanalysis, van Seters 2005; Jones 2005)
  - 1.2%?? (metaanalysis, van Seters 2005)
- Most regressed **10 months** after diagnosis

**Young, <35**

**Multifocal pigmented**

Delivery in **pregnant** pts (40% of regression related to pregnancy)

Improvement of immunosuppression

Smoking cessation

# Natural history- HSIL uVIN

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## Recurrence

- Common, 13-36%
- even after extensive surgeries
- viral  $\equiv$  immune
- True recurrences vs de novo lesions (HPV field effect)
- Most within the first 3 years of F/U

# Natural history- HSIL uVIN- Risk Factors for recurrence

## Type of surgery

- **No difference**
- Cryocoagulation?

## Surgical margins

- Controversial
- **Often positive** irrespective of type of surgery
- Recurrence significantly **lower with free margins** (17% vs 47%)

## Immunosuppression, HIV

## Smoking

## Multifocal

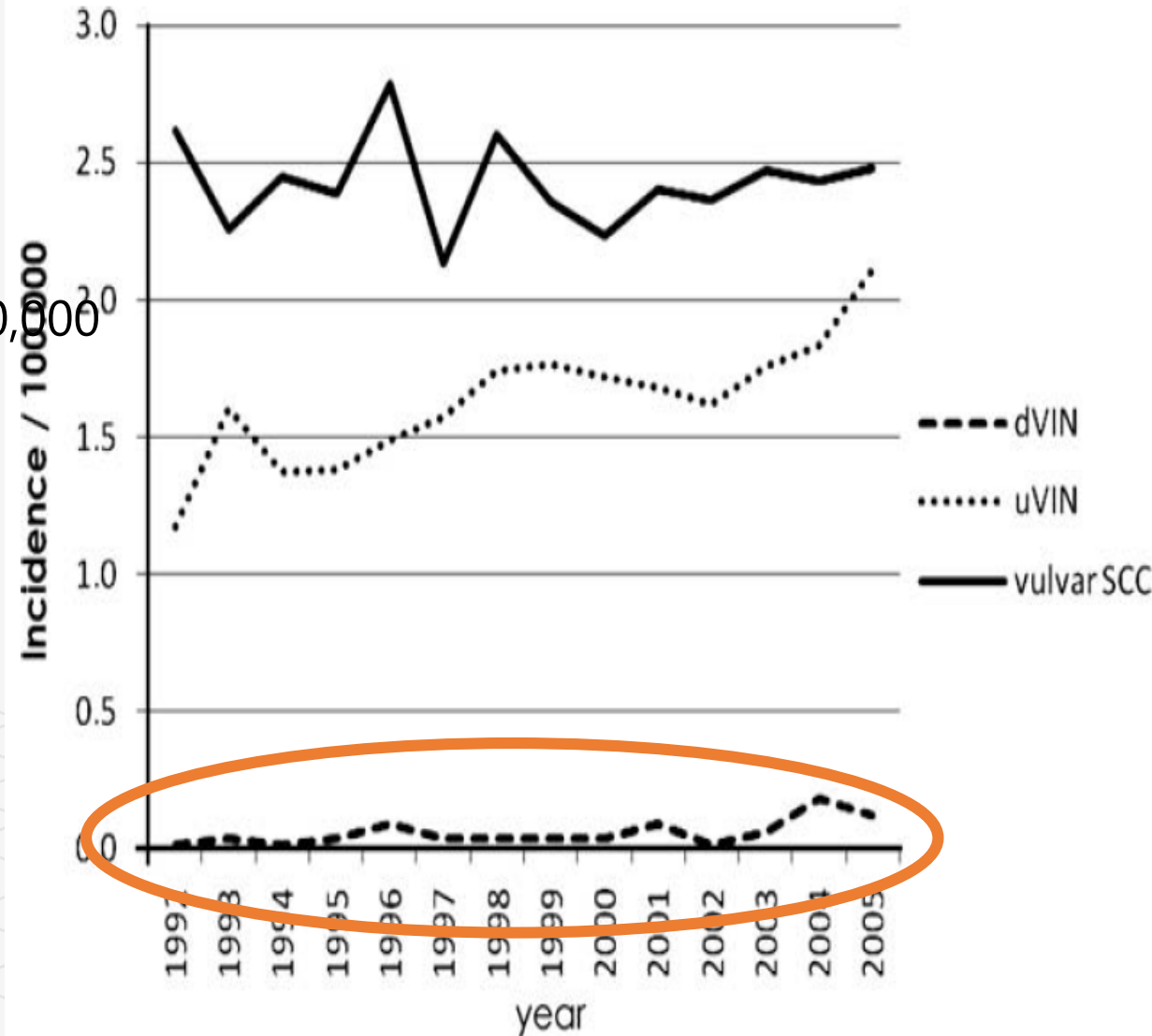
## P53 gene mutation



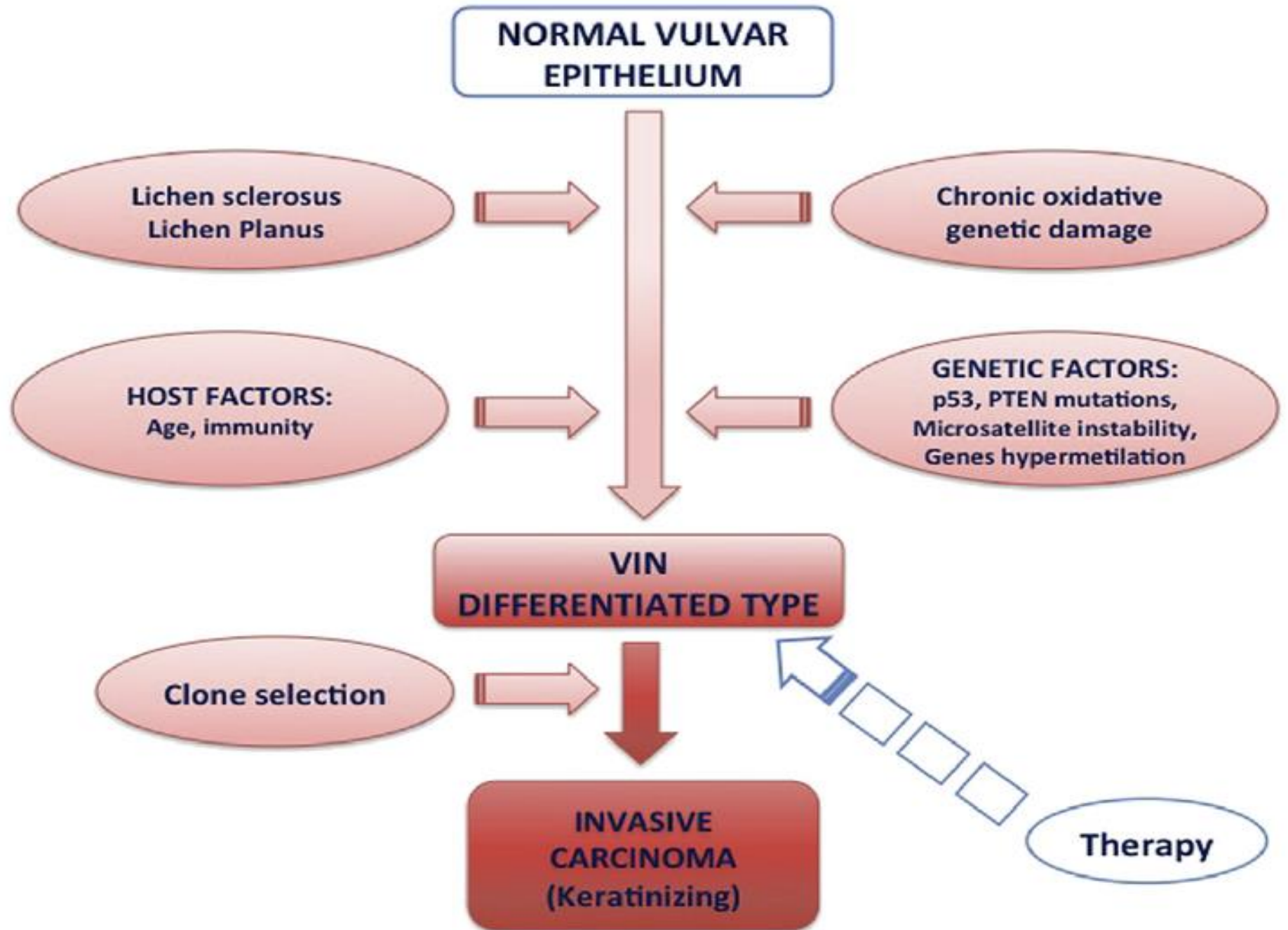
dVIN

# Epidemiology- dVIN

- <5% of VIN
- Incidence low
  - increased 9x from 1992-2005: 0.013 to 0.121/100,000
  - Incidence of vulvar ca stable
- **Probably underdiagnosed/underreported**
  - Difficult clinical and histological diagnosis
  - Brief intraepithelial phase before invasion
- **HPV uncommon (1.5%)**



Vulvar  
oncogenesis:  
Non-HPV-  
related pathway



# Epidemiology- HSIL uVIN

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**Elderly** mainly, **Postmenopausal**

Median age 67

Associated with **vulvar dermatoses** (LS, LSC, LP)


**Rarely found in an isolated form**

Mostly **Unicentric, Unifocal**

3% cervical, anal, and/or vaginal intraepithelial lesion

# Symptoms- dVIN

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- Often symptomatic
  - due to underlying dermatosis
  - Itching, pain, burning, dyspareunia, dryness, urinary and GI complaints, bleeding
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# Clinical appearance- dVIN

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- Less specific



- Mostly unicentric (2.9% have concomitant intraepithelial neoplasia of lower genital tract)

## Natural history- dVIN

### Malignant progression

- **Higher**, 33% vs 5.7%
- **Time to progression shorter** (22.8 months vs 41.4 months)
- **Keratinizing SCC**

### Prior, synchronous or subsequent SCC

- 85.7% vs 25.7%

### SCC **more likely to recur** and **worse prognosis**

- Local recurrence 35% vs 10%, OR recurrence 3.86 vs 1.35
- 5-year survival 42% vs 87%

# ISSVD 2015-PREALIGNANT LESIONS

	HSIL	DVIN
<b>Prevalence</b>	More common, 95% of VIN	Less common, <2-5% of VIN
<b>Age</b>	Young, Peak 35-49	Mainly Elderly, Postmenopausal, 66-69
<b>HPV association</b>	Persistent infection HR-HPV (16, 18, 33)	Non-HPV related
<b>Risk Factors</b>	Smoking Immunosuppression	Vulvar dermatoses, Chronic skin inflammatory conditions (Lichen sclerosus, Lichen planus, Squamous cell hyperplasia)
<b>Distribution</b>	Multicentric, Multifocal	Usually Unicentric, Unifocal
<b>Progression to invasive cancer</b>	5-12%	33%, Shorter period
<b>Type of SCC</b>	Non-keratinizing SCC (Basaloid/Warty)	Keratinizing SCC
<b>Occult cancer</b>	3%	Significantly higher
<b>Immunohistochemistry</b>	p16+ (diffuse, band-like), p53-	p53+(85%), p16- or focally +

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Reves MC, et al. An update on vulvar intraepithelial neoplasia: terminology and a practical approach to diagnosis. Clin Pathol 2014;67:290-294



# Lichen Sclerosus

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- **Chronic** inflammatory skin disease
    - 7-13% of women with chronic vulvar sx
  - Underdiagnosed
  - Anogenital area + + +
    - Does not affect vagina, very rarely oral mucosa
  - **Bimodal peak incidence prepubertal and menopausal**
    - Adult + + + (50-70), Children 5-15%
    - Signs in young girls difficult to distinguish from sexual abuse
  - Should be diagnosed ASAP
    - Early trt prevents scarring and possibly malignant changes

# Etiology-LS

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## ➤ Unknown

### Hormonal factors

- Hypoestrogenic? Androgen?

### Genetic predisposition

- Family hx 10%

### Autoimmune

- 22-34% have AID,
- up to 75% have autoantibodies,
- early onset?

### Oxidative damage

### Infectious

- HCV, B. Burgdorferi, Mycobacteria

### Itch-scratch LS hypothesis

- Kobner phenomenon

### P53 mutation

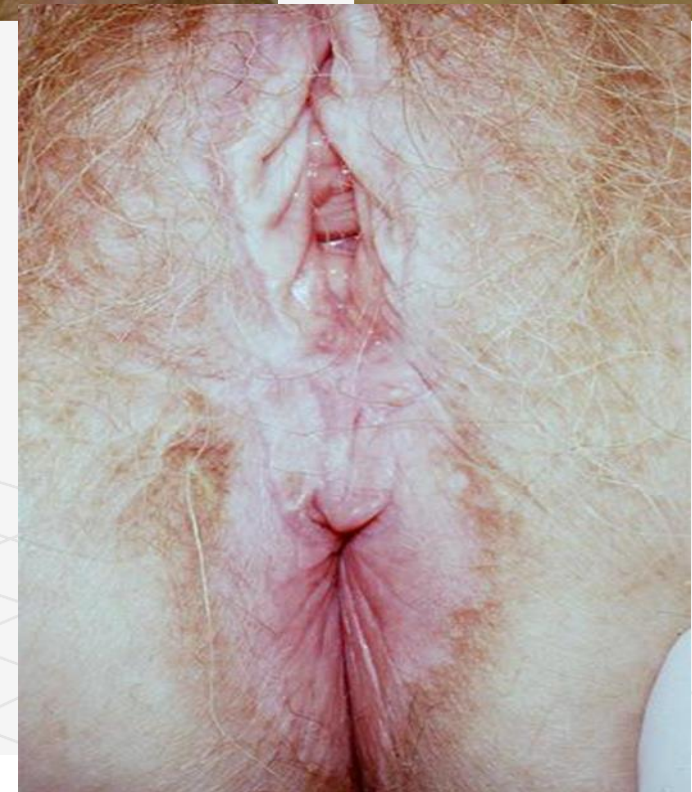
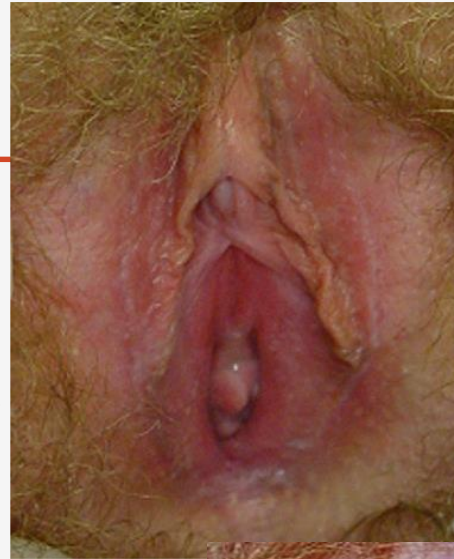
# Clinical characteristics-LS

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- **Relapse and remission**
- **Poor correlation between extent and sx**
- Itching, pain, dyspareunia, urinary sx, irritation, constipation, bleeding
- Asymptomatic 30%

# Clinical characteristics-LS

- Variable signs
- **Wrinkled skin and textural change**, pallor, atrophy +++
  - Erythema, purpura, sclerosis, hyperkeratosis, erosions,
- **Figure of 8**
- **Labia minora and majora** + + +, vagina usually spared
- Young: confused with sexual abuse
- Associated extragenital 10-20%, asymptomatic + + +
- Severe complicated cases:
  - **scarring, loss of architecture**
  - 2ry infection
  - Adhesions, narrowing introitus, urethra
  - Clitoral pseudocyst



# Complications-LS

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## Severe complicated cases

- **scarring, loss of architecture**
- 2ry infection
- Adhesions, narrowing introitus, urethra
- Clitoral pseudocyst

## Sexual dysfunction

## Urinary dysfunction

## Dysesthesia

## Loss of self-esteem

# Malignant potential-LS

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Majority of SCC has LS (30-60%), squamous cell hyperplasia, dVIN

## SCC 2-6%

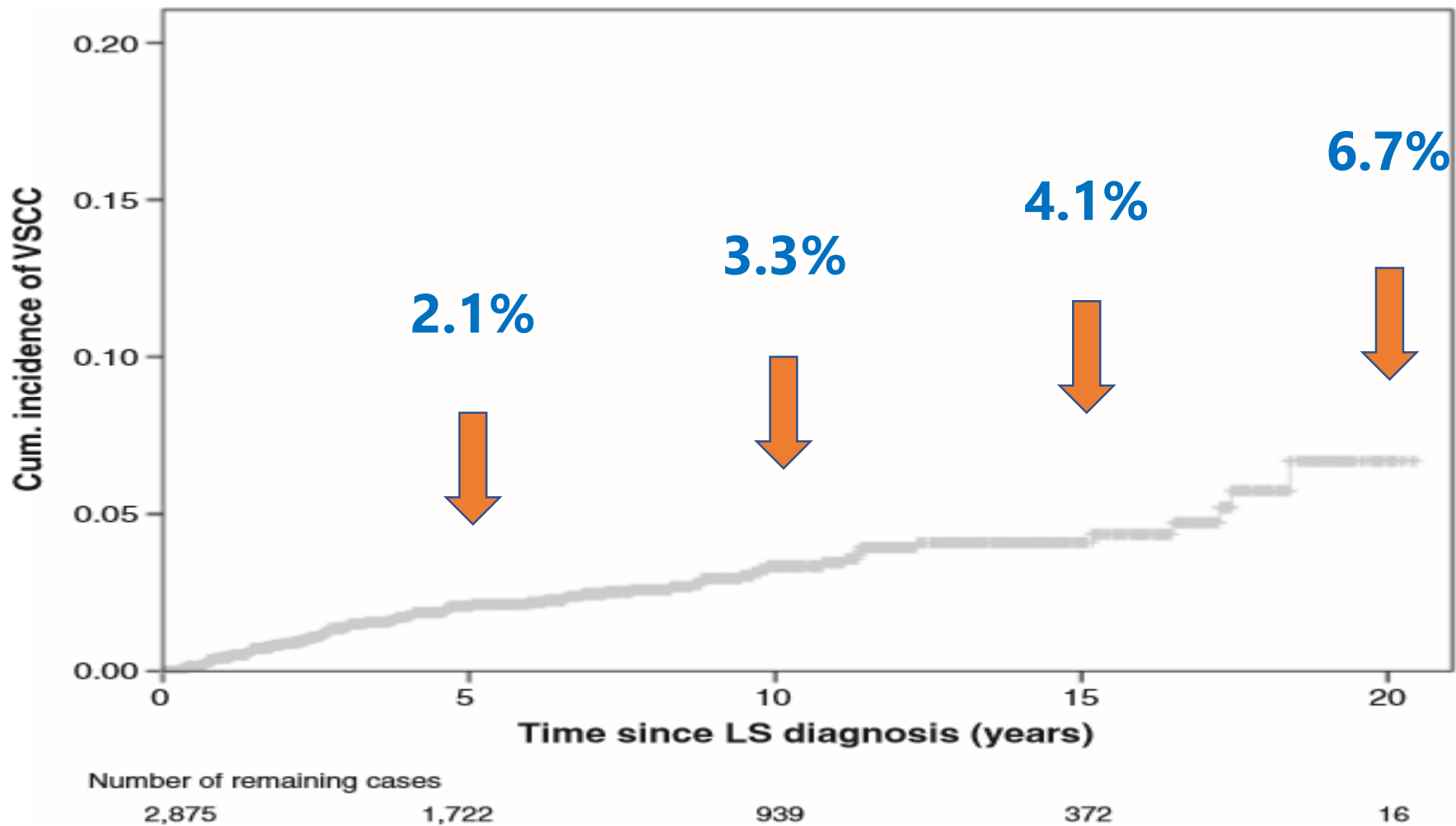
- 976 women, 1% at 2 year FU to nearly 37% at 25 year (Micheletti 2016)
- 2875 women, 2.1% at 5 y, 3.3% at 10, 4.1% at 15, 6.7% at 20 (Bleeker 2016)

### ➤ **Protective effect from sx control?:**

- 507 trt corticosteroid, mean 4.7 y: VSSC none in compliant vs 4.7% in non-compliant ( $p < 0.001$ )
- Sx, duration, loss of architecture: not a useful indicator of malignant potential
- Itch-scratch damage?
- Immunogenetic profile?
- P53?

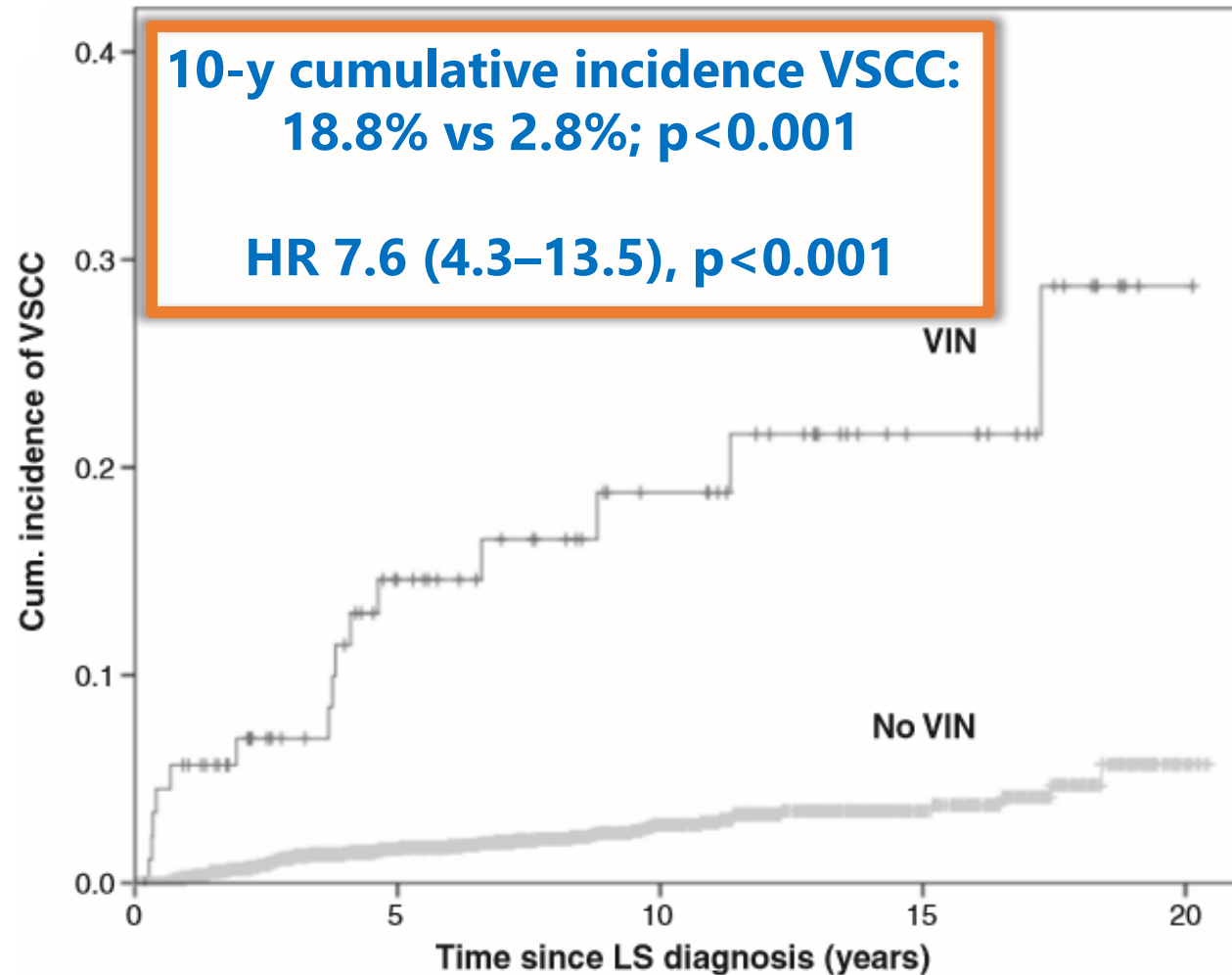
# Malignant potential-LS

- 2875 women, (Bleeker 2016)

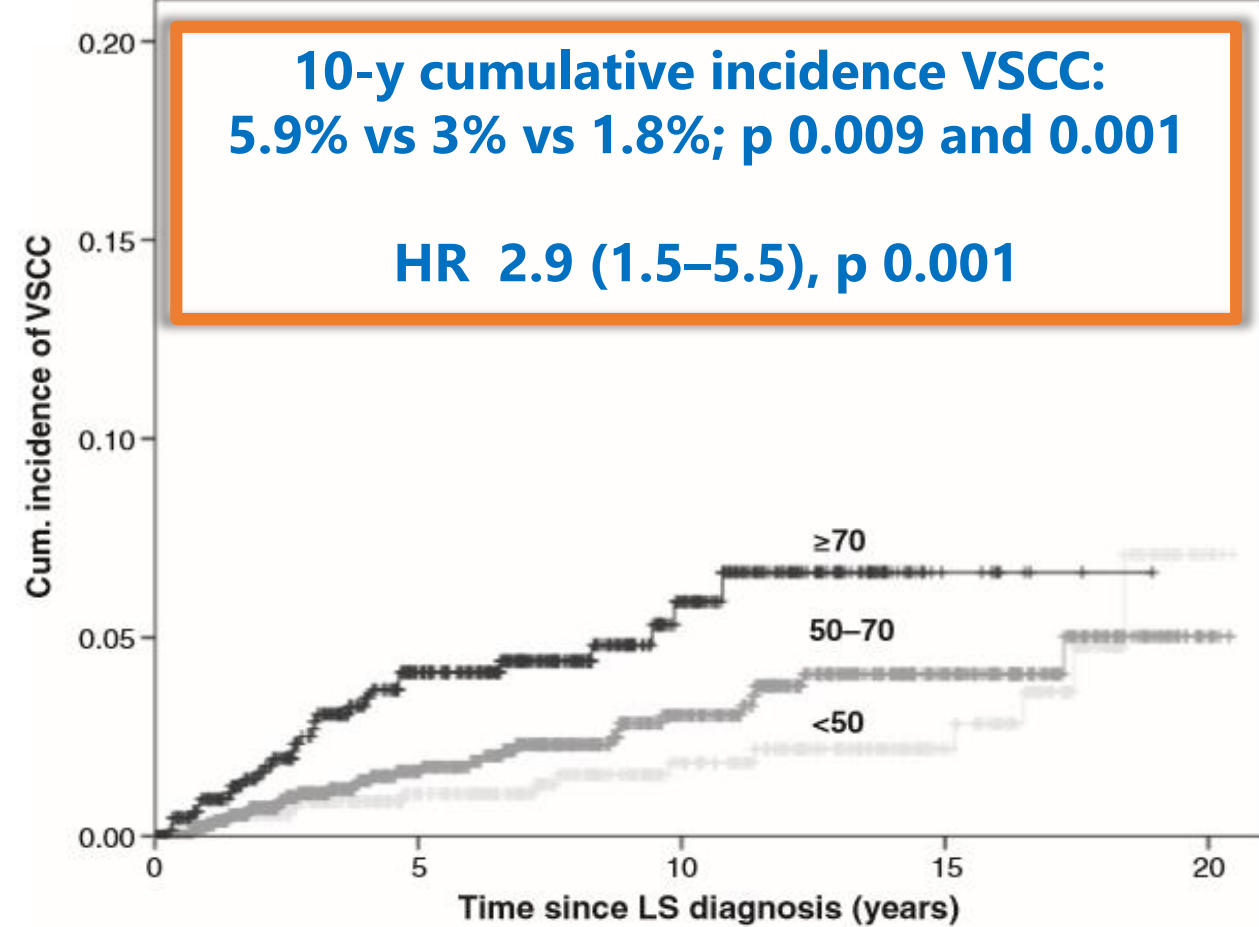




# Malignant potential-LS



Number of remaining cases					
	0	5	10	15	20
No VIN	2,786	1,672	906	358	15
VIN	89	50	33	17	1



Number of remaining cases					
Age group (years)	0	5	10	15	20
<50	766	509	323	157	6
50–70	1,431	802	458	205	10
≥70	678	414	158	13	0



THANK YOU